



Short Bio/CV

I am a proud and passionate European – born to Cypriot parents in London, England, trained in nephrology in Bristol, and in epidemiology at the European Renal Association (ERA) Registry in Amsterdam, the Netherlands. I am now a consultant Nephrologist and Honorary Clinical Lecturer in Bristol, England.

In 2018, I successfully completed a PhD in clinical epidemiology at the ERA Registry based in Amsterdam. I have since developed an extensive research portfolio with a strong international network, having worked in a research capacity in both the UK and in the Netherlands, collaborating with researchers from 29 countries across six continents. My research primarily focuses on access to treatment in people receiving kidney replacement therapy using healthcare data records. I am the EQUAL study deputy chair for the UK and a member of the Editorial Board for Transplantation Reviews.

The time spent at the ERA Registry consolidated my belief in the power of healthcare registries, such as renal registries. Renal registries increase the awareness and burden of chronic kidney disease and end-stage kidney disease and can be used to advocate for resources to prevent and treat kidney diseases. Since 2020 I have been a member of the ISN's Sharing Expertise to Support the set-up of Renal Registries (SharE-RR) advisory group. This group creates resources to help establish or develop renal registries with a particular focus on Low- and Middle-income countries. Over the past four years I have helped deliver (1) a World Health Organisation deliverable toolkit for setting up kidney registries, (2) an open-access, global inventory of kidney registries, and (3) three workshops offering advice and hands-on guidance in setting up kidney registries, with the fourth due at WCN 25. Knowledge and understanding of epidemiology are also vital in the fight against kidney disease. As faculty member on the ERA Introduction to Epidemiology course, over a three-year period I taught epidemiology to over 150 nephrologists including in Estonia, Cameroon, Cyprus and Russia.

In 2021 I successfully applied for the ISN's Emerging Leaders programme, joining the 2022-24 (2nd) cohort. As a group our mission was to bring Sustainable (Green) Kidney Care to the forefront. Amongst other successes I have helped deliver a Sustainable Kidney Care Toolkit. I have since lectured on Sustainable Kidney Care at the ERA congress and the International Society of Peritoneal Dialysis (Plenary Lecture).

Candidate's Statement

Born in London, England to Cypriot parents, and having spent seven years living in Amsterdam, the Netherlands, I have always looked outwards towards Europe. This has never been more obvious than in my choice to undertake my PhD research at the European Renal Association Registry looking at access to transplantation across Europe.

One in ten people in Western Europe have CKD. Although the latest iteration of the GKHA has shown that Western Europe has a robust kidney care infrastructure, there is more we can do, especially surrounding CKD awareness, surveillance, and policy implementation.

If elected, my objectives would be to support the Western European Regional Board and ISN Council to:

1. Identify strategies to encourage governments to include CKD into non-communicable disease policies.
2. Continue to promote the development of healthcare registries including CKD and conservative care registries both in Western Europe and globally.
3. Continue to support and promote sustainable kidney care both in Western Europe and globally.
4. Understand what the barriers to career progression within nephrology are, and identify ways to break these barriers down, supporting, engaging and retaining the next generation of nephrology professionals.
5. Ensure these strategies are adaptable to all ISN regions.